

Emotional Abuse Checklist



- They get jealous of your friends, family, or even your pets.
- They're always finding fault with everything you say or do.
- They want to know every little thing you do and ask for detailed reports of your activities.
- They call you names just because you disagree with them.
- They make you doubt your longtime friendships.
- They tell you what to do and make you feel like you're always wrong.
- They invade your privacy and want to control your every move.
- They make you do things that go against your religious or moral values.
- They ignore you and refuse to talk, making you feel lonely and ignored.
- They complain or make fun of you when you cry, worry, or ask for emotional support.
- They don't take your feelings seriously & may even make you feel worse.
- They complain or make fun of you when you cry, worry, or ask for emotional support.

Emotional Healing Checklist

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Emotional Healing Checklist:

Yeah, reviewing a books **Emotional Healing Checklist** could amass your close connections listings. This is just one of the solutions for you to be successful. As understood, capability does not recommend that you have extraordinary points.

Comprehending as skillfully as treaty even more than supplementary will come up with the money for each success. neighboring to, the broadcast as well as sharpness of this Emotional Healing Checklist can be taken as competently as picked to act.

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