

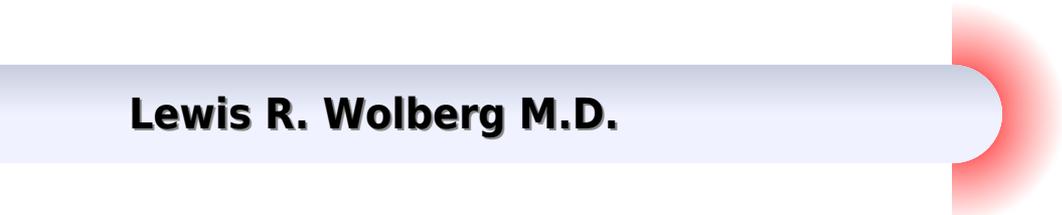
# Acceptance & Commitment Therapy

## The ACT Hexaflex *For Psychological Flexibility*



# Framework Therapy Techniques

**Lewis R. Wolberg M.D.**



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