



Zero Waste Checklist for When You're Out & About



A little planning goes a long way when you're out and about so you can dodge any waste that comes your way. Implement as many of these small changes as you can throughout the month.

- | | |
|---|--|
| <input type="checkbox"/> Bring your own to-go container to a restaurant | <input type="checkbox"/> Carpool to work with a coworker |
| <input type="checkbox"/> Shop for clothes at a secondhand store | <input type="checkbox"/> Bring your own bags to the grocery store |
| <input type="checkbox"/> Bring your lunch to work for a week | <input type="checkbox"/> Take public transportation instead of driving |
| <input type="checkbox"/> Shop the bulk section for pantry staples | <input type="checkbox"/> Opt for snapshots over souvenirs on a trip |
| <input type="checkbox"/> Order your coffee "for here" in a mug | <input type="checkbox"/> Ditch the printer and go paperless at work |

Have you saved money by being zero waste? Yes! Not Really

Observations:

What are your thoughts after incorporating these new habits? How much money do you anticipate saving in the long run by skipping disposable items? Jot down any notes below.

Zero Waste Lifestyle Checklist

**Technische Universiteit Delft.
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Zero Waste Lifestyle Checklist:

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