

A woman with dark hair tied back is meditating in a lotus position on a dark, textured surface. She is wearing a black long-sleeved shirt with the text "Hallelujah mantra" printed on it. Her eyes are closed, and her hands are resting on her knees in a mudra. The background is a vibrant, ethereal cosmic scene with swirling purple, blue, and green nebulae and numerous small white stars. A semi-transparent white box is overlaid on the right side of the image, containing a quote in black and pink text.

**The spiritual life
does not remove
us from the world
but **leads us**
deeper into it.**

Hallelujah
mantra

Spiritual Life

Mike Jess



Spiritual Life:

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