

NUTRITION FOR LOSING WEIGHT



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Puja Mehta



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and when eating out Graph their weight loss Keep track of exercises and calories burned And much more *Journal of the American Dietetic Association*, 1999

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Medical Surgical Care Planning Nancy Meyer Holloway, 1999 A widely used reference this is the latest edition of a comprehensive book that integrates care planning nursing diagnoses and diagnosis related groups to provide more than 80 clinical plans for safe effective patient care It also includes eight clinical pathways that provide at a glance guidelines for managing patients care *The American Journal of Clinical Nutrition*, 1993

Basic Nutrition Counseling Skill Development Kathleen D. Bauer, Carol Sokolik, 2002 This book is a step by step guide to the fundamental skills of counseling strategies and protocol complimented by action based worksheets and practical

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