



Behavior therapy



Cognitive behavioral
therapy

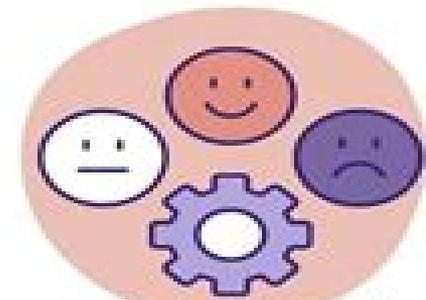
TYPES OF PSYCHOTHERAPY



Humanistic
therapy



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therapy



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Therapy Techniques Trending

**Marie-Christine Jaulent, Dongsheng
Zhao**



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