

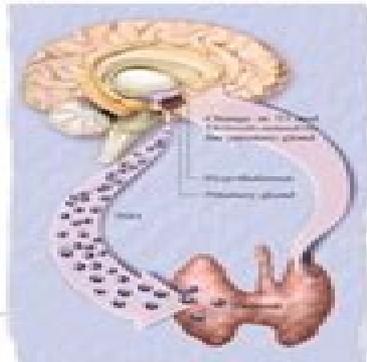
# THYROID DISORDERS

## What is the Thyroid?

The thyroid is a small gland that is shaped much like a butterfly (butterfly) and sits in the throat (neck). The thyroid gland sits just below the larynx. It makes hormones that regulate the normal function of many organs and tissues throughout the body and also controls growth.

When the thyroid is not working properly, called thyroid disorders, it can cause:

- Weight gain
- Weight loss
- Fatigue
- Nervousness
- Irritability
- Depression
- Hair loss
- Heat intolerance
- Constipation
- Dry skin
- Enlarged thyroid



## Normal Hormone Production

The thyroid gland is controlled by the pituitary gland. When the level of thyroid hormones (T4 & T3) drops, the brain (the hypothalamus) sends a signal to the pituitary gland to produce thyroid-stimulating hormone (TSH) to a gland called the thyroid gland to produce more thyroid hormone. When TSH is high, the thyroid gland produces more thyroid hormone.



## How to Check Your Thyroid

Use these four simple steps to check for thyroid problems. Your doctor will do a physical exam to see if you have a thyroid problem.



1. While holding a mirror, look at the side of your neck and below the Adam's apple. See if you can see any lumps or swelling.



2. Tilt your head back, while someone else looks at the side of your neck.



3. Take a drink of water. Look at your neck and check if you notice any swelling or if the skin under your neck.

## Overactive Thyroid



Overactive thyroid gland (hyperthyroidism)



- Bulging eyes
- Hyperreflexia (trembling limbs)
- Trembling of hands

## Common Thyroid Disorders

### Overactive Thyroid (Hyperthyroidism)

The most common type of thyroid disorder is when the thyroid makes too much of the thyroid hormone. This condition is called hyperthyroidism. It causes many symptoms, including:

• Weight loss

• Nervousness

• Irritability

• Depression

• Heat intolerance

• Constipation

• Dry skin

• Hair loss

• Enlarged thyroid gland

• Rapid heart rate

• High blood pressure

• Difficulty sleeping

• Changes in menstrual periods

## Symptoms

- Unexplained weight loss, when eating appears normal
- Rapid or irregular heartbeat or palpitations of the heart
- Nervousness
- Irritability
- Depression
- Heat intolerance
- Constipation
- Dry skin
- Hair loss
- Enlarged thyroid gland, which may appear as a swelling in the neck of the neck
- Rapid heart rate
- High blood pressure
- Difficulty sleeping
- Changes in menstrual periods

## Underactive Thyroid



Underactive thyroid gland (hypothyroidism)



- Swollen, puffy eyes
- Puffy face
- Dry skin

### Underactive Thyroid (Hypothyroidism)

The most common type of thyroid disorder is when the thyroid makes too little of the thyroid hormone.

• Weight gain

• Fatigue

• Irritability

• Depression

• Heat intolerance

• Constipation

• Dry skin

• Hair loss

• Enlarged thyroid gland

• Rapid heart rate

## Symptoms

- Unexplained weight gain
- Fatigue
- Irritability
- Depression
- Heat intolerance
- Constipation
- Dry skin
- Hair loss
- Enlarged thyroid gland, which may appear as a swelling in the neck of the neck
- Rapid heart rate
- High blood pressure
- Difficulty sleeping
- Changes in menstrual periods

## Thyroid Nodules and Cancer



Thyroid nodules and cancer

Thyroid nodules are abnormal growths of thyroid tissue that can be benign or malignant. They are usually found in the thyroid gland.

• Weight gain

• Fatigue

• Irritability

• Depression

• Heat intolerance

• Constipation

## Symptoms

- Unexplained weight gain
- Fatigue
- Irritability
- Depression
- Heat intolerance
- Constipation
- Dry skin
- Hair loss
- Enlarged thyroid gland, which may appear as a swelling in the neck of the neck
- Rapid heart rate
- High blood pressure
- Difficulty sleeping
- Changes in menstrual periods

# Thyroid Disorders

**Siddappa N.Byrareddy**



## **Thyroid Disorders:**

*Thyroid Disorders with Cutaneous Manifestations* Warren R. Heymann, 2010-04-08 Jacques Barzun the noted Columbia University historian of ideas and culture once described the feeling that some people experience when they come upon a new reference book He wrote Hand over to one of us a new Dictionary Companion or Guide and our eyes first light up and then turn dreamy we have seized the volume and are off arm in arm with the guide i or companion The book now in your hands made my eyes light up *Thyroid Disorders with Cutaneous Manifestations* is that kind of book Heymann who has been fascinated by this sometimes controversial subject for decades has brought not only his own expertise but that of many experts from the fields of the skin and the thyroid gland Steven Jay Gould wrote about overlapping and nonoverlapping magisteria this book demonstrates just how much important overlap there is But it also covers the basics in such a way that dermatologists can find what they need to know about the thyroid and thyroidologists can find what they need to know about the skin *Thyroid Disorders with Cutaneous Manifestations* falls neatly into the tradition of medical monographs that become standards They fulfill the roles of gathering digesting and synthesizing current knowledge and they do so in a way that review articles cannot approach and that the scientific literature is not designed to accomplish

**Thyroid Disorders** Lewis Vaughn, 2003 Explores all treatments including traditional alternative and nutritional for thyroid disorders

**Thyroid Disorders in Children Below 3rd Year of Life: Age-Related Specificity and Challenges** Anna Malgorzata Kucharska, Malgorzata Gabriela Wasniewska, 2022-11-14

Thyroid Disorders, a Guide to Diagnosis and Treatment Ian Provan Cathcart Murray, 1964

**Thyroid Disease in Pregnancy - A Guide to Clinical Management** Haritha Sagili, Jayaprakash Sahoo, Swaramya Chandrasekaran, 2023-12-26 This book focuses on all aspects of thyroid disease in women during pregnancy preconception and the postpartum period Exceptional emphasis is provided on screening for thyroid dysfunction before and during pregnancy and interpretation of thyroid function tests in pregnancy The chapters cover the topics on the role of Iodine thyroid autoantibodies hypothyroidism thyrotoxicosis and thyroid nodules cancer in pregnant women and postpartum thyroiditis with helpful illustrations and clear flow charts This book serves as a resourceful guide for clinicians and medical practitioners in managing thyroid disease and related complications in women at different stages of pregnancy

**Thyroid Disorders Sourcebook** Joyce Brennfleck Shannon, 2005 Basic Consumer Health Information about Disorders of the Thyroid and Parathyroid Glands Including Hypothyroidism Hyperthyroidism Graves Disease Hashimoto Thyroiditis Thyroid Cancer and Parathyroid Disorders Featuring Facts about Symptoms Risk Factors Tests and Treatments Along with Information about the Effects of Thyroid Imbalance on Other Body Systems Environmental Factors That Affect the Thyroid Gland a Glossary and a Directory of Additional Resources

Drug-induced Diseases James E. Tisdale, Douglas A. Miller, 2010 Since the first edition of this book was published in 2005 drug therapy has seen both breakthrough advances and sobering setbacks The changes will continue That s why every health care professional hospital

and health system pharmacy and medical school needs this invaluable reference It will help you detect prevent and manage drug related diseases And also remind you to always ask yourself the increasingly critical question Could this disease be drug related

*What You Must Know About Thyroid Disorders and What to Do About Them* Pamela Wartian Smith,2016-01-05 It is estimated that one in twenty people have a thyroid problem with the majority of sufferers being women To make matters worse many who are affected by thyroid dysfunction are unaware that they have a problem and typically they go undiagnosed for years In the meantime they experience a variety of symptoms including fatigue and weight gain or loss forgetfulness sleepless nights irritability and more But it doesn't have to be that way Written by best selling author Dr Pamela Wartian Smith *What You Must Know About Thyroid Disorders and What to Do About Them* enables readers to identify common thyroid problems and seek the treatment that they need Written in easy to understand language the book begins by explaining how important the thyroid is in regulating the body's metabolism which in turn plays a vital role in controlling the functions of the heart brain liver lungs kidneys and intestines It then goes on to discuss the most common thyroid-related disorders and symptoms including hypothyroidism hyperthyroidism autoimmune dysfunction celiac disease thyroid cancer mood swings and excess weight gain Each discussion starts with a simple self quiz that helps readers determine if they may be suffering from the problem Dr Smith then explains the disorder's cause and common symptoms diagnostic tests and both conventional and alternative treatment approaches Included is a handy resource section that points the way to further information and support So many health problems are related to thyroid dysfunction and so many individuals suffer needlessly even though help is available *What You Must Know About Thyroid Disorders* allows readers to take the first important step on the road to diagnosis effective treatment and wellness

*Meyler's Side Effects of Drugs* Jeffrey K. Aronson,2015-10-15 *Meyler's Side Effects of Drugs The International Encyclopedia of Adverse Drug Reactions and Interactions* Sixteenth Edition Seven Volume Set builds on the success of the 15 previous editions providing an extensively reorganized and expanded resource that now comprises more than 1 500 individual drug articles with the most complete coverage of adverse reactions and interactions found anywhere Each article contains detailed and authoritative information about the adverse effects of each drug with comprehensive references to the primary literature making this a must have reference work for any academic or medical library pharmacologist regulatory organization hospital dispensary or pharmaceutical company The online version of the book provides an unparalleled depth of coverage and functionality by offering convenient desktop access and enhanced features such as increased searchability extensive internal cross linking and fully downloadable and printable full text HTML or PDF articles Enhanced encyclopedic format with drug monographs now organized alphabetically Completely expanded coverage of each drug with more than 1 500 drug articles and information on adverse reactions and interactions Clearer systematic organization of information for easier reading including case histories to provide perspective on each listing Extensive bibliography with over 40 000 references A must have

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Frederick Madison Allen,1913      100 Questions & Answers About Thyroid Disorders Warner M. Burch,2008-07-03  
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turmoil of this condition      *The Eye and Orbit in Thyroid Disease* Colum A. Gorman,Robert R. Waller,John Allen Dyer,1984  
    **Menstruation and Its Disorders** Emil Novak,1921      American Review of Tuberculosis and Pulmonary Diseases ,1927  
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for the simplest to most advanced bracelets charms and other artistic loom designs the sky is the limit with rainbow loom so if you come up with a unique design we encourage you to send it in to our facebook page

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