

Understanding Statin Intensity

Statins are a class of medications used to lower high cholesterol and reduce the risk of heart attack and stroke. Statin doses are often categorized as low, moderate, and high intensity. Your cholesterol goals, medical conditions, and other factors may determine which statin is right for you.



HIGH-INTENSITY

lower LDL by more than 50%

Rosuvastatin 20-40 mg
Atorvastatin 40-80 mg



MODERATE-INTENSITY

lower LDL by 30% - 49%

Rosuvastatin 5-10 mg
Atorvastatin 10-20 mg
Simvastatin 20-40 mg
Lovastatin 40-80 mg
Pravastatin 40-80 mg
Pitavastatin 1-4 mg
Fluvastatin XL 80
Fluvastatin 40 mg (twice daily)



LOW-INTENSITY

lower LDL by less than 30%

Simvastatin 10 mg
Lovastatin 20 mg
Pravastatin 10-20 mg
Fluvastatin 20-40 mg

Understanding Statin Behavsci Pkg

Mauro Coppa, Andrea Cabiddu



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Ruminant Grazing Behavior: A Tool to Improve Product Quality and Ecosystem Services Mauro Coppa, Andrea Cabiddu, 2021-11-25 Cumulated Index Medicus ,1993 COMPSTAT ,1980 Proceedings of symposia held 1974

Alternative Feed Ingredients for Sustainable Livestock Production Juana Catarina Cariri Chagas, Gabriel Da Silva Viana, Marcos Inacio Marcondes, 2025-08-12 Population growth and rising incomes in developing countries are leading to an increasing demand for animal products As limited possibilities exist to increase the area of arable land food production depends on an increase in crop yield per hectare However more than 70% of global agricultural land is already used to produce feed to support livestock production Moreover the remaining arable land available is used for food and fuel and in the upcoming years due to the consequences of climate change and global warming some of this land will be compromised through droughts and desertification Therefore using ingredients such as non human edible products native crops and by products in animal feed is necessary and unavoidable **Index Medicus** ,2003 Vols for 1963 include as pt 2 of the Jan issue Medical subject headings **COMPSTAT 1980** Marjorie M. Barritt, David Wishart, M. M. Barritt, 1980 *Social Sciences Index* ,1983 **Bibliography of Agriculture** ,1969-08 **The Serials Directory** ,1986 **American Men of Science** James McKeen Cattell, Jaques Cattell, 1982 *American Men and Women of Science* ,1972 AMSTAT News ,1980

Current Programs ,1974 **American Men of Science** ,1968 Bibliography of Agriculture with Subject Index ,1994

Bibliography of Agriculture ,1969 **Statins in General Practice: Pocketbook** Allan Gaw, 2001-07-19 The use of statins in clinical practice has become an established part of modern medicine They were introduced in the late 1980s and early 1990s as a new group of cholesterol lowering drugs but have since become agents that have an important effect in reducing not only blood lipid levels but also an individual s risk of vascular disease The aim Statins Jawahar Mehta, 2004 STATINS Understanding Clinical Use was written with you the busy practitioner in mind It covers the class of drugs as a whole discusses the benefits of statin use and offers future perspectives on ancillary drug actions beyond cholesterol lowering Leading expert Jawahar Mehta MD offers you top notch guidance based on his research and extensive clinical experience all in one compact source so you don t have to wade through piles of literature to find the information you want Pharmacologic and clinical profiles that offer you rationales for using statins to treat a full range of problems Guidance on when to use statins as a treatment in non cardiologic events plus discussions of new therapeutic areas Coverage of some of the hottest topics in the field including statins in the primary prevention of atherosclerosis related events the effects of statins on C reactive protein and statins and bone **Statin Prescribing Guide** Ragavendra R Baliga, MD, 2010-07-21 The first HMG CoA reductase inhibitor statin lovastatin has been on the market since 1987 In that time five more drugs from this class atorvastatin pravastatin fluvastatin rosuvastatin and simvastatin have been approved by the FDA Statins among the top ten most commonly prescribed drugs in the US are now recommended as first time treatments by all major regulatory

agencies in the US and elsewhere As shown in numerous clinical trials statins are extremely powerful and effective in reducing LDL cholesterol accompanied by a significant reduction of cardiac events and strokes As a class they are well tolerated by most patients and are easy to administer However the withdrawal of cerivastatin Baycol from the market in 2001 due to severe myopathy in some patients has led to increased concern among clinicians with respect to this and other side effects such as liver and kidney disease Some studies suggest this has led to increased reluctance among clinicians to initiate a statin drug regimen or to adjust dosage to increase therapeutic effect While a small minority of patients do develop serious complications while on statin therapy current clinical evidence strongly suggests that the benefits of timely statin administration significantly outweigh the risks Oxford American Pocket Notes Statin Prescribing Guide aims to provide clinicians with concise easily accessible guidance on prescribing statins in various clinical settings This volume features evidence based discussion on the indications pharmacokinetics and safety profiles of the available statins and how these properties translate into selection of the appropriate treatment regimen for the individual patient Useful tools such as treatment algorithms charts tables and illustrations greatly help enhance the value of this volume as a portable reference tool

The Truth About Statins Barbara H. Roberts, 2012-04-24 COULD STATIN DRUGS ACTUALLY HARM YOU Despite the rosy picture painted in the ads of a miracle cure for high cholesterol and its attendant heart disease the reality of taking statins may be far less pretty Dr Barbara H Roberts director of the Women s Cardiac Center at the Miriam Hospital in Rhode Island discusses both the benefits and health risks of these popular drugs in this comprehensive guide that finally reveals the questionable science behind the research studies This honest patient friendly appraisal of the most widely used medications in the world may shock you but it may also save your life Offering clear cut easy to understand information in an easily accessible fashion Dr Roberts explains how to take the best possible care of your heart including The keys to maintaining cardiovascular well being How to interpret your cholesterol numbers The frightening adverse effects of popular drugs It is time to take charge of your heart health Learn the facts behind the hype so that you can make informed decisions on a subject vital to your continued health If you or someone you love either takes a statin or is considering doing so you need to read this book Includes recipes for a delicious and heart healthy diet including Wasabi Roasted Salmon Pasta with Avocado Sauce and Lemon Pineapple Breakfast Muffins

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