

Lifespan Development

What is Human Development?

- The scientific study of processes of change and stability
- The study of human development seeks to describe, explain, predict, and, when appropriate, intervene in development.

What are the goals of the field of human development?

- Describe behavior - the observation and measurement of behavior and mental process
 - ◆ Anything you can directly observe and measure
 - ◆ Can't observe mental processing (thinking, feeling, sensing, perceiving); make assumptions based on behavior
- Explain behavior - explanation of what the data means
 - ◆ Theorize data; give coherent and integrated set of assumptions and propositions that explain data.
- Predict behavior
 - ◆ Forecasting of later development based on current or prior development
 - A good theory will be predictive
- Intervene - use knowledge to promote welfare of individuals across the lifespan
 - ◆ Applications to understand why people do what they do

Aspects of Development

- Physical
 - ◆ Changes in body, brain, sensory capacity, and motor skills
- cognitive/intellectual
 - ◆ How we learn, memory, reasoning, thinking, language
- Psychological (personality and social)
 - ◆ What makes an individual unique, general characteristics, how one expresses themselves
 - ◆ How you interact with others

Influences on human development

- Heredity = inborn traits or characteristics inherited from biological parents (nature)
- Environment = everything else! The totality of nonhereditary or experiential influences on development
- Not nature OR nurture (nature AND nurture)
- Your development is the result of a blending or interaction of nature and nurture
- You shape your environment
- Maturation - the unfolding of a natural sequence of physical and behavioral changes

Contextual influences on development: Family

- Nuclear: one or two parents and their biological, adopted, or step-children
- Extended: multigenerational kinship network
- Subjective: definitions of family
 - ◆ Family signifies "the subjective meaning of intimate connections rather than formal, objective blood or marriage ties."
 - ◆ "A family is a group of people who have intimate social relationships and have a history together."

Others in your microsystem

- Microsystem = individuals with whom you have face to face contact

Study Guide For The Lifespan

Kathleen Stassen Berger



Study Guide For The Lifespan:

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Transitions Through the Life Span Telecourse Study Guide Kathleen Stassen Berger,Coast Learning Systems,2004-07-16 Worth offers an adapted study guide to accompany Transitions Throughout the Life Span a new telecourse produced by Coast Learning Systems Kathleen Stassen Berger was closely involved in the development of the telecourse and The Developing Person Through the Life Span is the sole text accompanying the telecourse The telecourse study guide draws clear connections between the text and telecourse

The Developing Person Through the Life Span Study Guide Richard O. Straub,2004-04-30 This study guide is designed for use with The Developing Person Through the Life Span Sixth Edition by Katleen Stassen Berger It is intended to help students evaluate their understanding of that material and to review any problem areas Sections such as How to Manage Your Time Efficiently Study more effectively and Thing Critically provide detailed instructions on how to use the textbook Each chapter includes a Chapter Overview a set of Guided Study questions a Chapter Review section and three review tests Preface

Student Study Guide for Use with Lifespan Development Santrock,2001-08

Study Guide for Invitation to the LifeSpan

Kathleen Stassen Berger,2010-02-19 Each chapter includes a review of key concepts guided study questions and section reviews that encourage students active participation in the learning process two practice tests and a challenge test help them assess their mastery of the material Applications and observational activities are also included *The Developing Person Through the Life Span* Kathleen Stassen Berger,2005 The Developing Person Through the Life Span Sixth Edition presents theory research practical examples and policy issues in a way that inspires students to think about human development and about the individual s role in the community and the world Review the new edition and you ll find Berger s signature strengths on display the perceptive analysis of current research the lively and personal writing style and the unmistakable commitment to students You ll also find a wealth of new topics plus a video based Media Tool Kit that takes the teaching and learning of human development to a new level *Study Guide to Accompany Bee 'Lifespan Development'* Peggy J. Skinner,Helen L. Bee,1994 **Study Guide, Development Across the Life Span, Second Edition, Robert S. Feldman** Carolyn J. Meyer,2000 **Study Guide to Accompany Human Development Across the Life Span** Nancy Hamblen Acuff,1985 **Study Guide for the Lifespan by Guy R. Lefrancois** George B. Semb,1984 [Study Guide for Exploring Lifespan Development](#) Laura E. Berk,Amelia G. Benner,Claire G. Christensen,Jessica Carloni,Leah Shriro,William B. Tierney,2010-03 **Summary and Analysis of Book Tigers**,2020-05-15 SUMMARY AND ANALYSIS OF Lifespan Why We Age and Why We Don t Have to by David Sinclair Ph D This is not intended to replace the original book but to serve as a companion to it and provide you with an excellent reading experience The Summary and Analysis collection by Book Tigers Publishing is the perfect way to take advantage of some of the best selling books available whilst saving time Each summary and Analysis contains carefully selected the most important information that will help you understand the basic ideas and expand your knowledge quickly ABOUT THE BOOK Lifespan Why We Age and Why We Don t Have to by David Sinclair Ph D is about and new idea that is actually not that new the belief that humans can increase not only their lifespan but do so and remain healthy Beginning years ago as technologies advanced and the human genome project was started we began learning a great deal about how the body works at the cellular level Part of the findings revealed the way in which we age It turns out that the genes that keep us young are part of our make up even in old age but are switched off by evolutionary processes that have been in our genetic make up from the beginning of time The good news is that we are quickly discovering how to reverse this in some part through diet changes and exercises but also through genetic diagnoses that can be made before any issues are actually symptomatic This book explores each of these topics and shares information about how the human population could soon live an average of over 100 years and what this change would look like An interesting and enlightening read about what the future is likely to hold Includes Book Summary Overview Chapter by Chapter Analysis Background Information about the book Background information about the author Trivia questions Discussion questions And much more Why you must read the Book Tigers Summary and Analysis books Provides you accurate precise and insightful information

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[by] Guy R. Lefrançois David Yarbrough,1999 *Demonstrate Knowledge of Lifespan Development : Study Guide*
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