

The image features a central green circle with the text "LIVING BEING HEALTHY" in a bold, black, sans-serif font. The background is a collage of various colors and patterns, including a red heart, a yellow and orange striped pattern, a blue and white striped pattern, and a green and white striped pattern. The overall aesthetic is bright and energetic.

**LIVING
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The Heath Workbook

Christian G. Meyer



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