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Unofficial Guide to Getting a Divorce Russell Wild, Susan Ellis Wild, 2005-04-01 The inside scoop for when you want more than the official line Sad Mad Scared Stressed Distraught Distracted Overwhelmed Divorce dredges up so many emotions and entails so many financial and legal issues it s difficult to stay rational and keep your life on track This savvy updated guide empowers you to take constructive steps toward a better future It leads you through preparing for divorce the process legal issues coping sticky situations and post divorce financial and health care issues It tells you things attorneys and other advisors may not and gives unbiased recommendations for negotiating the tricky issues of divorce while keeping your sanity Vital Information to help you protect your interests in a divorce or in dealings with your future ex attorneys financial advisors and more Insider Secrets for moving from I do to I don t with harmony intelligence and grace Money Saving Techniques to reduce legal fees and court costs Time Saving Tips to help you resolve your divorce without going to court The Scoop on the Latest Trends and precedents in spousal and child support pre nups and more to help you set realistic expectations Handy Checklists to help you do everything from setting priorities to telling the children to dividing property

The Unofficial Guide to Alternative Medicine Debra Fulghum Bruce, 1998-10-09 Written by a health journalist who is also an experienced alternative medicine user this book thoroughly guide readers through all the alternative medicine options Includes a glossary and checklists

Between Two Worlds Elizabeth Marquardt, 2006-09-26 Is there really such a thing as a good divorce Determined to uncover the truth Elizabeth Marquardt herself a child of divorce conducted with Professor Norval Glenn a pioneering national study of children of divorce surveying 1 500 young adults from both divorced and intact families between 2001 and 2003 In *Between Two Worlds* she weaves the findings of that study together with powerful unsentimental stories of the childhoods of young people from divorced families The hard truth she says is that while divorce is sometimes necessary even amicable divorces sow lasting inner conflict in the lives of children When a family breaks in two children who stay in touch with both parents must travel between two worlds trying alone to reconcile their parents often strikingly different beliefs values and ways of living Authoritative beautifully written and alive with the voices of men and women whose lives were changed by divorce Marquardt s book is essential reading for anyone

who grew up between two worlds Makes a persuasive case against the culture of casual divorce Washington Post A poignant narrative of her own experience Marquardt says she and other young adults who grew up in the divorce explosion of the 1970s and 1980s are still dealing with wounds that they could never talk about with their parents Chicago Tribune **The Unofficial Guide to Eldercare** Christine Adamec,1999-06-15 Just when working families thought they had enough on their plates many of them are now faced with having to make decisions regarding the health and well being of their aging parents Do they need care Should they be in a nursing home What does it cost Is it clean Is it safe What if they don t want to go And what other options are available The Unofficial Guide to Eldercare meets these complex issues head on offering friendly unbiased advice on this sensitive topic It shows them how to wade through the anxiety and conflict to make informed decisions about their parents needs the elements of caregiving living wills and other legal elements how to balance their own lives in terms of work family and caregiving and how to get emotional support their families so desperately need **The Unofficial Guide? to Overcoming Arthritis** Lisa Iannucci,Mark Horowitz,1999-05-21 The inside scoop for when you want more than the official line More than one in seven Americans will suffer from arthritis at some point in their lives The term arthritis refers to a family of more than 100 distinct disorders including osteoarthritis rheumatoid arthritis lupus and gout Each type creates different symptoms and demands different treatment If you have arthritis you want to keep the aches and pains from cramping your lifestyle You want to explore the best treatments preventative strategies and pain management techniques available You want information on the latest medications that may ease your symptoms You want the inside scoop The Unofficial Guide to Overcoming Arthritis gives savvy people like you a foolproof appraisal of everything you need to know with unbiased recommendations that are not influenced by any company product or organization This book like every Unofficial Guide is intensively inspected by The Unofficial Panel of Experts a team of highly respected medical professionals They ensure that you are armed with the most up to date insider information on arthritis and are told exactly what the Official establishment doesn t want you to know Vital Information that other sources can t or won t reveal including all the current therapies and medical interventions available Insider Secrets from medical specialists and clinical researchers and people just like you who have found the best strategies for coping with arthritis Money Saving Techniques that let you choose effective treatments without running up high medical bills Time Saving Tips that help you overcome the aches and pains of arthritis with minimal disruption to your daily routine The Latest Trends in arthritis treatments including both traditional and non traditional therapy Handy Checklists and Charts that help you manage your arthritis and minimize its impact on your daily life Macmillan Lifestyle Guides **The Unofficial Guide to Investing** Lynn O'Shaughnessy,1998-12-16 With the recent fluctuations in the market people are becoming more aware of the need to become financially savvy Yet financial fears still abound fear of the market crashing fear of making poor investment choices fear of not being able to send their kids to college The Unofficial Guide to Investing demystifies the range of investment options available today and provides practical

tools that will help readers make financially sound decisions For the financial bystander who is timid about investing and confused by the buzzwords this book explains where to begin how to start researching without feeling awkward how to find your comfort zone how to invest online how to plan for retirement and how to avoid getting burned It goes beyond just comparing mutual funds to relieving the anxiety surrounding the issue of investing

Letting Go Nancy A. Kaiser, 2008-06 Kaiser chronicles her experiences with an unexpected divorce and tells how she has rebuilt her life and embraced her destiny

The Unofficial Women's Divorce Guide Mary Beth Shank, Suzanne Tummy, 1991

The Unofficial Guide to Investing in Mutual Funds Stacie Zoe Berg, 1999-03-31 Insider secrets are given to choosing the most profitable mutual fund investments plus the lowdown on diversification boosting investments by making tax wise decisions and adapting portfolios to individual needs

Parenting through Divorce Lisa René Reynolds, 2017-09-26 Divorce has devastating effects on children Yet for divorcing parents who carefully consider and manage the intricacies associated with this difficult time both parents as seen from the child's perspective can remain as loving and supportive as they ever were Parenting Through Divorce concisely lays out the specific emotions and reactions parents need to anticipate from their children while going through separation divorce and its aftermath Rather than weighing parents down with complicated plans confusing information and legal terminology this book takes a commonsense approach providing readers in a state of emotional distress with the practical down to earth advice they need to sensibly and comfortably guide their children through this often painful process Covering the most common mistakes divorcing parents tend to make as well as addressing special issues that come up for kids of different age groups this book helps you retain a strong healthy and loving environment for your child even in the midst of change This is a much needed repository of wisdom and practical counsel for any family going through a time of heightened feelings and fragile relationships

Working Mother, 1999-03 The magazine that helps career moms balance their personal and professional lives

Brill's Content, 2000-07

Working Mother, 1999-03 The magazine that helps career moms balance their personal and professional lives

The Influence of the Church on Marriage and Divorce Joseph McCabe, 1916

Happy Me, Happy You Serge Kahili King, 2014-03-25 This exuberant guide is special among the many books on relationships because of Serge King's seasoned perspective as a master Huna shaman and alternative healer The problem between two people is never a relationship that isn't working he says It is always that one or both of them don't know how to relate in a better way The real problem is behavioral and it's easier to change behavior than to change an abstraction called a relationship King teaches the best methods for creating healthier relationships of all kinds with family members friends lovers and spouses and the rest of the world as well as with our own body mind and spirit In a warm conversational style he shows us how to shift our behavior using holistic techniques based on his shamanistic understanding of consciousness He also gives the antidotes for specific relationship problems caused by such feelings as fear anger and alienation Many people spend their entire lives seeking to know the rules of the universe he says so I've decided to save them

a lot of time by giving them out now for free The better we understand these rules the easier it will be for us to grow to heal and to have a good time

Martindale Hubbell Law Directory Martindale-Hubbell,2003-12 **The British National Bibliography** Arthur James Wells,2009 **Forthcoming Books** Rose Arny,2004 **Divorce - A New Yorker's Guide to Doing It Yourself** Bliss Alexandra,1996-09-01

Whispering the Strategies of Language: An Psychological Quest through **Unofficial Guide To Divorce**

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