

**A McGraw-Hill Sourcebook**

"A superb resource. People with Type 2 diabetes can use this book to educate themselves . . . and help their loved ones enjoy a healthy life."

—Francine Kaufman, M.D., past president, American Diabetes Association

# THE TYPE 2 DIABETES SOURCEBOOK

**EVERYTHING YOU NEED TO KNOW ABOUT:**

- Tests, medications, and treatments
- The emotional and financial challenges of living with Type 2
- Nutrition, exercise, weight loss, and stress reduction
- Type 2 diabetes and children

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THIRD EDITION

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Foreword by Calvin Ezrin, M.D.

# Type 2 Diabetes Sourcebook

**Daniel F McAuley**



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