

A photograph of a therapist and a client in a session. The therapist, on the left, is wearing glasses and a blue top, and is looking towards the client. The client, on the right, is also wearing glasses and a light-colored top, and is looking back at the therapist. They are sitting at a desk with a laptop and some plants. The background is a bright, modern office space with large windows and indoor plants.

Therapy Techniques for Anxiety: Exploring Metacognitive Therapy

Therapy Techniques Pro

Rosemary A. Thompson



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cilat janë përfitimet dhe vlerat ushqyese të kërpudhave të detit - Jul 19 2023

web cilat janë llojet e kërpudhave të detit perla kërpudha perle më të zakonshmet që përdoren në gatim në të gjithë botën lloj i kërpudhave të detitroll kërpudha blu e detit kjo lloj kërpudha ka ngjyrë blu të errët dhe zbardhet pak ndërsa piqet kërpudha e artë gocë deti ka ngjyrë të verdhë të ndezur dhe ka shije aromatike