



Yoga Practice Framework

Xiang Xie



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Algorithms in Advanced Artificial Intelligence R. N. V. Jagan Mohan, B. H. V. S. Rama Krishnam Raju, V. Chandra Sekhar, T. V. K. P. Prasad, 2025-05-23 *Algorithms in Advanced Artificial Intelligence* is a collection of papers on emerging issues, challenges, and new methods in Artificial Intelligence, Machine Learning, Deep Learning, Cloud Computing, Federated Learning, Internet of Things, and Blockchain technology. It addresses the growing attention to advanced technologies due to their ability to provide paradigmatic solutions to problems associated with classical Artificial Intelligence frameworks. AI is used in various subfields including learning, perception, and financial decisions. It uses four strategies: Thinking Humanly, Thinking Rationally, Acting Humanly, and Acting Rationally. The authors address various issues in ICT, including Artificial Intelligence, Machine Learning, Deep Learning, Data Science, Big Data Analytics, Vision, Internet of Things, Security, and Privacy aspects in AI and Blockchain, and Digital Twin Integrated Applications in AI. **Neural Mechanisms Underlying**

Movement-Based Embodied Contemplative Practices Laura Schmalzl, Catherine E. Kerr, 2016-07-05 Relative to the extensive neuroscientific work on seated meditation practices, far less studies have investigated the neural mechanisms underlying movement-based contemplative practices such as yoga or tai chi. Movement-based practices have however been found to be effective for relieving the symptoms of several clinical conditions and to elicit measurable changes in physiological, neural, and behavioral parameters in healthy individuals. An important challenge for neuroscience is therefore to advance our understanding of the neurophysiological and neurocognitive mechanisms underlying these observed effects, and this Research Topic aims to make a contribution in this regard. It showcases the current state of the art of investigations on movement-based practices, including yoga, tai chi, the Feldenkrais Method, as well as dance. Featured contributions include empirical research, proposals of theoretical frameworks, as well as novel perspectives on a variety of issues relevant to the field. This Research Topic is the first of its kind to specifically attempt a neurophysiological and neurocognitive characterization that spans multiple mindful movement approaches, and we trust it will be of interest to basic scientists, clinical researchers, and contemplative practitioners alike. **The varieties of contemplative experiences and**

practices Sucharit Katyal, Sisir Roy, Philippe R. Goldin, Anna-Lena Lumma, 2023-07-05 *Journal of Vaiṣṇava Studies*, 2005

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